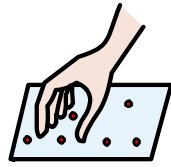


Calm



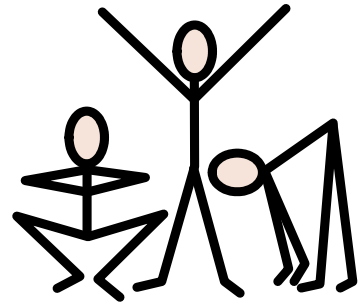
Time



Choosing



Time



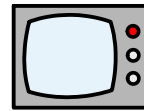
Exercise



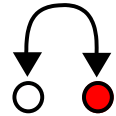
Life Skills



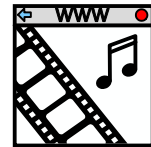
Cooking



TV



or



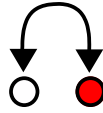
Youtube



Tidying



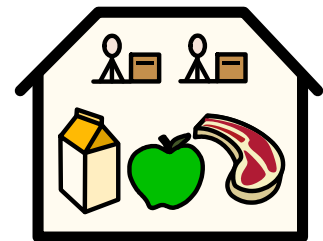
Writing



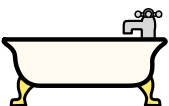
or



Drawing



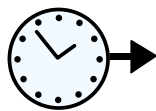
Supermarket



Bath



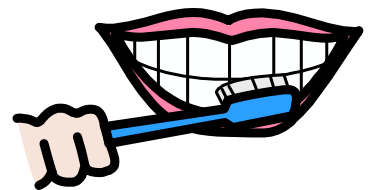
Time



Time to



Change Clothes



Brush teeth