



Tuke School MOVE Policy

Movement Via Educational Opportunities

This policy aims to set out both policy aims and practice for working with students who are on the MOVE programme.

What is MOVE ?

MOVE is a structured and well defined programme that promotes a cross curricular approach to providing access to all Curriculum subjects and all areas of school life. The main aim of using the MOVE programme is to develop functional skills for young people with physical disabilities. Those skills will primarily be those of sitting, standing and walking.

At Tuke we ensure that these skills are incorporated within the everyday curriculum.

Once a student has been identified for the MOVE programme, the school team will work in partnership with parents/ carers and other professionals involved with the student to complete an assessment. It is important to involve professionals with a medical background as there are some pre-existing conditions that might exclude a person from the MOVE programme (e.g. brittle bones). New students joining Tuke will be assessed for the MOVE programme within 6 weeks of joining the school.

MOVE has a full assessment programme consisting of 16 categories of physical skills. Within the 16 categories there are 74 individual skills – these are referred to as Motor Milestones.

Goal setting is an important step. They must have a purpose, be meaningful and motivating for the student. MOVE is an individualised plan, so all students will be working towards different goals.

Task analysis will involve the team working with the student to identify the skills that are need to achieve the goal. These skills will be worked on at every opportunity across the school day.

When teaching the skills, it is important to identify and plan for the reduction of support, consider prompts that the student requires to start to learn the skills and achieve their goal with the minimum assistance and to the best of their ability.

Throughout the day, opportunities for the student to practise skills will be integrated through their curriculum and in a range of different environments.

Every student on the MOVE programme has an individual assessment profile and the school uses MOVE recording formats to monitor and record progress. Progress is also recorded onto Evidence For Learning (our assessment system) towards individual learning intentions.



The majority of staff at Tuke are trained as MOVE practitioners, and six staff are senior practitioners. Two members of staff are trained as MOVE trainers. There is an ongoing induction and training programme. Advice, guidance and support is provided by the MOVE co-ordinator and trainers to enable staff to work with students on the programme in a safe and effective way.

We aim to support student MOVE development in line with our school ethos and aims - Creativity, Opportunity, Achievement and Positivity.

Creativity (Exploration, Experience, Investigation)

Students on the MOVE programme:

- develop new skills of co-ordination, manipulation and movement
- have opportunities of increasing their health and fitness
- have their postural needs assessed and met
- have opportunities for weight bearing, muscle and bone strengthening
- have equipment to support them in gaining and maintaining skills
- are provided with access and opportunities for communication, controlling their environment and increasing their independence skills
- have opportunities to explore and investigate their environment through increased mobility

Achievement (Celebration, Pride, Dedication)

Students on the MOVE programme:

- are engaged with a stimulating curriculum that is broad and balanced whilst reflecting their individual physical, postural and mobility needs
- are provided with opportunities to engage and with appropriate challenge
- are set personalised targets/goals which promote functional activities skills
- are motivated to achieve
- are provided with practical learning opportunities that incorporate their needs to acquire mobility skills
- provided with an environment and equipment that is responsive to their individual needs and requirements



- are celebrated for their achievements through whole school assemblies and MOVE days

Opportunity (Curiosity, Inclusion, Diversity)

Students on the MOVE programme:

- have opportunities to learn through leisure and social skills with a range of physical activities both within school and within the local community
- are encouraged to be as independent as possible and to promote choice making through functional activities at all times
- are offered opportunities to open up their environments, giving them access to interesting, exciting possibilities, and encouraging curiosity
- focus on positive functional opportunities at all times to assist them in reaching their potential
- have opportunities to practise their mobility skills through a diverse and creative curriculum

Positivity (Aspiration, Trust, Community)

Students on the MOVE programme:

- are involved with assessment and goal setting as appropriate
- have a multi-disciplinary assessment, which will include working in partnership with parents
- are provided with opportunities to access and control their physical environment, this can be enabled through the use of technology
- have their achievements acknowledged and celebrated throughout their involvement with the programme
- can include their MOVE targets and achievement within ASDAN modules, Progress Files and Entry level qualification
- can improve their independent mobility, making them less dependent on others
- can work alongside their peers to practise their mobility skills
- can have access to the equipment they need both in and outside school in the local community
- can be supported by trained staff who are clear about the student aspirations and goals



The MOVE programme is fully embedded into the ethos and daily life of Tuke School. We celebrate MOVE day once a year and our students achievements on the MOVE programme on social media and our website. MOVE is included in all our Schemes of Work and on our weekly diary. Our school development plan is reflective of the need for continuous professional development for staff and includes areas for development outlined in the MOVE action plan.

